

**Facing cancer isn't something you should do alone.**

**The Cancer Council Helpline** is your first point of call for cancer information, support and counselling.

Whether it's you or a loved one that's affected by cancer, our trained experienced health professionals are waiting to take your call.

The Cancer Council Helpline is here for you.

**Call us toll free on 13 11 20 from anywhere in Queensland.**

**8am to 8pm Monday to Friday.**

[www.cancerqld.org.au](http://www.cancerqld.org.au)

## **Our Helpline staff can assist with:**

- Information and support for Queenslanders affected by cancer;
- Referrals to cancer care and support services throughout the state;
- Reducing the burden, distress and suffering associated with cancer; and
- Links to other cancer information websites.

**The Cancer Council Helpline** is staffed by trained professionals who have knowledge about cancer and cancer care. They are there to help you with information, support and referrals to services throughout the state.

Phone: **13 11 20**

Email: [helpline@cancerqld.org.au](mailto:helpline@cancerqld.org.au)

Mail: Cancer Council Queensland  
PO Box 201 Spring Hill Qld 4004



**“I just don't know how to help mum”**

**“That's why we're here”**

**The Cancer Council Helpline  
operates from 8am to 8pm  
Monday to Friday**

[www.cancerqld.org.au](http://www.cancerqld.org.au)

**“That's why we're here”**





**“It just helped talking to someone who knows”**

**The Cancer Council Helpline is often the first point of access for Queenslanders seeking information or support about cancer**

**People contact our Helpline for:**

- Information about prevention and early detection concerns, such as assistance to stop smoking;
- Screening, treatment and side effect information;
- Emotional and decision-making support;
- Practical support including help with wigs, turbans, equipment and palliative care;
- Information about disease specific cancers such as breast, lung, prostate, skin and colorectal;
- Advice about accommodation during treatment;
- Requests for publications and resources;
- General enquiries about Cancer Council Queensland activities; and
- Referral to other Cancer Council Queensland services such as the Cancer Counselling Service and Cancer Connect.



**“I just don’t know what to expect”**

**“That’s why we’re here”**