

FREE

Issue 02 WINTER 09

insight

creating hope for a cancer free future



PROTECT OUR NEXT GENERATION FROM TOBACCO
GET A WILL // MAKE A BREAKTHROUGH FOR CANCER
JOIN RELAY FOR LIFE // GET READY FOR GIRLS NIGHT IN

Cover story // Protecting our next generation from the toll of tobacco

Cancer Council Queensland has called on the Queensland Government to ban cigarette displays in shops, in a bid to protect Queensland's next generation from tobacco-related disease.

Tobacco Programs Team Leader for Cancer Council Queensland, Emma Dalglish, says point-of-sale legislation for cigarettes is long overdue in Queensland.

"Retail promotion of cigarettes must be banned in order to curb current rates of smoking, to discourage young Queenslanders from starting up the habit."

9.3 per cent of 14 to 19 year-olds in Queensland smoke.

"Young people are especially vulnerable to retail promotions and are easily influenced by marketing and cigarette packaging," Ms Dalglish says.

"We need new laws to ensure our next generation of Queenslanders doesn't follow the current tragic pattern of 3,400 deaths each year from tobacco-related disease."

Although daily smoking trends in Queensland have been declining, 17.2 per cent of Queenslanders aged 14 years and older smoke daily, which is significantly greater than the national rate of 16.6 per cent.

Ms Dalglish says until recently, Queensland was

one of the state leaders in the implementation of tobacco control laws.

"Queensland was one of the states that pursued the early introduction of legislation to ban smoking inside pubs, clubs, restaurants, workplaces, commercial outdoor eating and drinking areas, and outdoor public places such as patrolled beaches, on children's playground equipment, in major sport stadiums and within four metres of non-residential building entrances.

"We also acted earlier than other states to ban tobacco advertising and competitions, outlawing sales of tobacco products to children under 18.

"We currently have laws that mandate training for employees who sell tobacco, compulsory anti-smoking signage in shops that sell tobacco, and restrictions on how tobacco products can be displayed.

"However, we need to go further and enforce a ban on cigarette displays in shops."

For more information about Cancer Council Queensland's work in tobacco control, or for support with quitting, you can contact our Tobacco Programs Team Leader, Emma Dalglish, on 07 3258 2254. 



CANCER FACT:

Cancer affects the lives of many Australians, but did you know that at least half of all cancers can be prevented with a healthy lifestyle?

Cancer Council Queensland has developed a free education program to inform adults about the importance of the prevention and early detection of cancer. For more information or to make a booking, contact our Cancer Council Helpline on 13 11 20.

insight

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Cancer Council Qld
553 Gregory Terrace
Fortitude Valley QLD 4006

Contributions to Insight
are welcome, please
contact Anne Savage
insight@cancerqld.org.au
+61 7 3258 2241



Cancer Council Queensland
is Queensland's leading
independent organisation in
cancer control.

The achievements of Cancer
Council Queensland are made
possible by the generosity of
Queenslanders.



We respectfully acknowledge the Aboriginal and Torres Strait
Islander people of Queensland, the traditional owners of this land.

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Message from the CEO

Welcome to another edition of *Insight*

In this edition, you'll find the latest news on some of our important research and community support projects.

Research is critical to cancer control. This year alone, we will invest nearly \$12 million in cancer research, including work by our Viertel Centre for Research in Cancer Control, as well as funding grants for external research organisations.

One of our funding grants, profiled on page five, will enable a team of experts at the Queensland Institute of Medical Research to investigate a less toxic treatment for melanoma, colon, and breast tumours.

If successful, the project could lead to more effective treatments for certain types of serious cancers.

It is important to emphasise that your support makes our

research possible. Each year, thousands of Queenslanders make donations and volunteer their time.

One remarkable Cancer Council supporter is breast cancer survivor, Edith Cooper, who has been supporting women with breast cancer ever since she recovered from her own battle with the disease in 1992.

In May this year, we recognised her contribution, honouring her with the 2009 Award for Outstanding Australian Breast Cancer Volunteer.

I presented the award at the 15th Reach to Recovery International Breast Cancer Support Conference in Brisbane, taking the opportunity to acknowledge the leading role that Queensland women can play to improve global support for women affected by breast

cancer (please turn to page eight to read the full story).

To my delight, this edition also profiles one of our many young supporters, 25 year old Lauren Scott, who was diagnosed with Ewing's Sarcoma at 21 years old. Lauren will participate in this year's Brisbane *Relay For Life* for the fifth year in a row.

Our work is inspired by the optimism and determination of Queenslanders like Edith and Lauren.

Thank you, once again, for helping us to create hope for a cancer free future. I look forward to sharing more news with you in the next edition of *Insight*. ☺

.....
Professor Jeff Dunn
 Chief Executive Officer
 Cancer Council Queensland



Become a Pink Ribbon Day volunteer

Pink Ribbon Day
 Monday, October 26

On Monday, October 26, you could be one of more than 500 special Pink Ribbon Day volunteers to help Cancer Council Queensland raise more than half a million dollars for breast cancer.

Being a Pink Ribbon Day volunteer is a rewarding role, helping to raise awareness and funds that go towards research and support services for women affected by breast cancer.

We are currently seeking passionate volunteers to sell merchandise or volunteer across Queensland on October 26. Register today by visiting www.pinkribbonday.com.au or calling 1300 65 65 85.

In 2008, our Pink Ribbon Day volunteers sold 2,800 boxes of merchandise, including pins, wristbands and 3,500 Penny Bears, raising over \$860,000.

This year, you can help us beat last year's fundraising total and paint your town pink! ☺

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 For more information about Pink Ribbon Day visit www.pinkribbonday.com.au or call 1300 65 65 85.



Cancer Council Queensland staff show the community what it's like inside a cancerous bowel, in a public display in Brisbane for Bowel Cancer Awareness Week.



Each day in Australia, 11 people lose their lives to bowel cancer.

Photo courtesy of Queensland Health

Make a noise for bowel cancer

We are calling on you, our supporters, to Get Behind Bowel Cancer Screening and join our Make a Noise campaign to help reduce deaths from bowel cancer.

The campaign is calling on the Federal Government to provide free bowel cancer screening every two years for people over 50 years of age, by 2012.

Cancer Council Queensland's Community Education Strategies Manager, Deborah Gillespie, says the campaign has the potential to save more than 30 lives every week.

"In its current phase, the National Bowel Cancer Screening Program is limited

to just three age groups, 50, 55 and 65 years, and offers only one-off screening.

"By logging on to the campaign website, Queenslanders can Make a Noise to let the Federal Government know that we need recurrent funding for a full screening program."

The Federal Government has not confirmed a long-term funding commitment and implementation plan for bowel cancer screening.

"The Make a Noise campaign is calling on all Australians to go to our

campaign website, www.getbehindbowelscreening.com.au to send an email petition to Members of Parliament," Ms Gillespie says.

"Our goal is to encourage the Australian Government to commit to full implementation of a public screening program by 2012."

Each day in Australia, 11 people lose their lives to bowel cancer. As a symbolic gesture, the website will let you forward the campaign to 11 friends and family ... so that we can all Make a Noise! ☺



CANCER FACT:

One in 10 Queensland men and one in 13 Queensland women will be diagnosed with colorectal cancer before the age of 85.

You have until the end of October to make a noise about bowel cancer screening by visiting www.getbehindbowelscreening.com.au.

In brief: cancer research

Young Queenslanders called to 'Seize the Day!'



This year, Cancer Council Queensland will invest nearly \$12 million in cancer research.

This includes research undertaken by our Viertel Centre for Research in Cancer Control, as well as additional funding grants for research by external organisations. One of the projects we are funding, by the Queensland Institute of Medical Research, aims to help find a less toxic treatment for melanoma, colon, and breast tumours.

The project is headed by Professor Peter Parsons, who will use Cancer Council Queensland's \$160,000 grant to continue his research over the next two years.

The research team is testing a drug that can force cancer cells to become dormant. In its current form, the drug has too

many side-effects to be used on humans.

The research will analyse what the drug does to signal pathways in human tumour cells, in the hope of gaining a better understanding of how it works. If successful, the outcomes of Professor Parsons' research could benefit up to 20 per cent of cancer patients with certain types of tumours that do not respond to other treatments.

So far, the research has found cultured colon cancer, breast cancer, and melanoma cells are receptive to the drug.

If successful, the project could lead to effective and less toxic treatments of serious cancers. ☺

To help fund vital cancer research grants, please call us on 1300 663 936.

If you're a young Queenslander who has been affected by cancer, why not share your story for our Seize the Day Study Awards before entries close on September 25.

The Seize the Day Study Awards are financial grants offered to young Queenslanders who have been diagnosed with cancer or have had an immediate family member diagnosed with cancer.

Applicants must be aged between 16 – 21 years and be planning to undertake or continue post-secondary school education at university, TAFE, tertiary college or a vocational training centre.

This year, Cancer Council Queensland will award \$50,000 worth of study grants to young people affected by cancer throughout the state.

General Manager of Community Services for Cancer Council Queensland, Juliana Buys, said the awards acknowledge the courage of young people coping with cancer and encourage them to look to the future with hope.

"The awards aim to foster the personal growth and development of young people coping with cancer in Queensland," Ms Buys said.

"They encourage young people to strive towards the future and realise their dreams," she said.

The funding grants vary in value and can be used towards the cost of textbooks, stationery, fees, transport and accommodation expenses related to post-secondary education and training.

In 2008, 62 young Queenslanders received grants ranging from \$300 to \$3,000.

Applications for the Seize the Day Study Awards are available at Cancer Council Queensland's website www.cancerqld.org.au.

Applications will close on Friday September 25, 2009. ☺

For more information about the Seize the Day Study Awards, please call the Cancer Council Helpline on 13 11 20 or email seizetheday@cancerqld.org.au.



Volunteer and cancer survivor, Jackie Creed.

Cancer survivor gives gift of hope

Diagnosed with an inoperable brain tumour in 2004, Toowoomba mother, Jackie Creed, is fighting an inspirational battle against cancer.

This Daffodil Day, Ms Creed gave the gift of hope to Queenslanders affected by cancer, by volunteering her time to sell fresh daffodils and merchandise.

Ms Creed says her diagnosis has given her a new direction in life.

“A brain seizure four years ago was the first sign something was wrong,” she says.

“I was rushed to hospital and subsequently diagnosed with a brain tumour.

“During the seizure I also broke my knee, which meant I was basically unable to move around.

“Adjusting to the news that I had a brain tumour was hard.”

Ms Creed is a single mum, whose son Aiden was only six years old when she was diagnosed.

Following her diagnosis, Ms Creed had to spend six weeks in hospital away from her son, and the next year on crutches recovering from her broken knee.

Motivated by her experience, she started to consider what she could do to help support others with cancer.

“Adjusting to my diagnosis wasn’t easy – but luckily, I had great support.

“I never asked ‘why me’, as that wouldn’t have made a difference. Instead, I decided to rebuild my life, get on with doing everything I wanted to do for myself and Aiden, and get involved in helping others.”

Ms Creed says Daffodil Day is a special way to honour other cancer patients.



CANCER FACT:

Did you know Daffodil Day had its beginnings in Canada around 30 years ago? Daffodil Day is now celebrated annually in eight countries including the UK, Ireland, USA, New Zealand, and Denmark.

Daffodil Day is the largest national fundraising event of its kind in the southern hemisphere, funding cancer research, education, and patient support programs!

Young cancer survivor Relays For Life!

At just 21 years of age, Lauren Scott was diagnosed with cancer, Ewing's Sarcoma, after discovering a tumour the size of a tennis ball in her thigh.

She underwent year-long treatment, starting with 16 rounds of chemotherapy, then radiation, a biopsy and numerous blood transfusions.

With a positive attitude and determination, Lauren and her support network formed a team and joined Relay For Life.

Lauren says Relay For Life is about raising funds and awareness to fight cancer.

"With my team by my side I wasn't fighting alone.

"The support of my friends and family has been amazing.

"With more and more people being diagnosed with cancer each year we feel like together we're making a difference."

Now 25 years old and almost three years in the clear, Lauren and her army of supporters are participating in Relay For Life for the fifth time.

Cancer Council Queensland's Relay For Life Co-ordinator, Emma Buitendag, says Relay For Life is about celebrating life, remembering loved ones and fighting back against cancer.



"It's a wonderful event and anyone can participate.

"Relay brings communities together to make a difference.

"Lauren is an inspiring example for other young Queenslanders who have been affected by cancer."

Relay For Life involves teams of 10 to 15 people walking or running around a track for 18 hours to celebrate cancer survival and fundraise to fight cancer.

Relay For Life events are held across Queensland – get involved in your local relay today! ☺

To find a relay near you, visit www.relayforlife.org.au or call 1300 65 65 85.

Girls Night In

Kick up your heels with your girlfriends this October and join our parade of pink for Girls Night In events across Queensland.

Hosting an event is easy, just invite your girlfriends over for an evening of fun, and encourage them to donate the money they would usually spend on a night out.

In 2008, over 2,300 Girls Night In hosts throughout Queensland raised more than \$900,000 for women's cancers.

National Events Co-ordinator for Cancer Council Queensland, Leisa Andersen, says anyone can get the girls together for a Girls Night In.

"Girls Night In is a great way to enjoy time with friends, while raising funds for women with cancer.

"The campaign gives women the opportunity to support their mothers, sisters and girlfriends who have experienced cancer.

"It's about having a good time for a good cause, to help create hope for a cancer free future."

Hosts will receive a 'how to' kit, including: event ideas, fundraising tips, donation books, and posters. ☺

To register or find out more about Girls Night In, visit www.girlsnightin.com.au or call 1300 65 65 85

Where there's a Will, there's a way

Each year, Cancer Council Queensland is fortunate to receive generous bequests that help us to continue our work.

To support people in making bequests, Cancer Council Queensland offers free Will information seminars and a Free Will Service facilitated by independent solicitors. The seminars provide an insight into drafting and updating Wills.

Brisbane resident, Glynn Strange, recently attended one of our seminars and was pleased to have her questions answered by a Free Will Service solicitor.

"It was really good, and raised my awareness of current information regarding Wills. It certainly made me think it was time to check my own Will.

"It was also interesting to learn about bequests and how important they are to Cancer Council Queensland."

Our Free Will Service provides referrals to solicitors who will create or redraft a basic Will, at no charge, for supporters who include a bequest in their Will to Cancer Council Queensland. ☺

If you would like to use our Free Will Service or attend a seminar in your local region, please call Jeanette Shepherd on 07 3258 2236.

Queensland breast cancer survivor wins national award

Brisbane breast cancer survivor, Edith Cooper, has been supporting women with breast cancer ever since she recovered from her own battle with the disease in 1992.



Professor Jeff Dunn and the President of Reach to Recovery International, Ann Steyn (right), present Edith with her award.

In May this year, she was recognised for her remarkable contribution, receiving the 2009 Award for Outstanding Australian Breast Cancer Volunteer.

The award was presented at the 15th UICC Reach to Recovery International Breast Cancer Support Conference, hosted by Cancer Council Queensland in Brisbane.

CEO of Cancer Council Queensland, Professor Jeff Dunn, paid tribute to Edith for her efforts to improve breast cancer survivorship, capacity building and peer support.

“Women like Edith Cooper have helped to build support networks for other women affected by breast cancer, making a significant difference in their lives and helping them through treatment and recovery from the disease,” Prof Dunn said.

“These survivors have inspired other women to take action to raise awareness of breast cancer in their local communities,” he said.

The award was presented at a gala reception hosted by the Lord Mayor of Brisbane, Campbell Newman, at Brisbane City Hall.

The 15th UICC Reach to Recovery International Breast Cancer Support Conference brought together 600 delegates from around the world, and was the first global forum for breast cancer survivors, support organisations and health professionals. ☺

For more information about Reach to Recovery International go to www.reachtorecoveryinternational.org.

Broncos join the Call To Arms against cancer



Darren Lockyer and Lance Armstrong.

The Brisbane Broncos ran onto the field in bold fashion for their July 3 match against the Auckland Warriors, sporting one-of-a-kind yellow jerseys to raise funds for the Cancer Council’s Call To Arms campaign.

The initiative was inspired by a meeting between Australian captain Darren Lockyer and cycling legend Lance Armstrong during Armstrong’s recent visit to Australia for South Australia’s Tour Down Under.

The yellow jerseys were embroidered with the Lance Armstrong Foundation logo and Armstrong’s signature, and were then signed by Broncos players and auctioned online after the match, raising \$40,872.

The funds raised went towards the Lance Armstrong Foundation and the Cancer Council’s Call To Arms campaign against men’s cancers.

CEO of the Brisbane Broncos, Bruno Cullen, said the team wanted to help tackle cancer.

“The Brisbane Broncos were proud to go yellow and raise funds for the Lance Armstrong Foundation and Cancer Council Queensland,” he said.

“The money raised will be used for research, awareness campaigns, and support services for men’s cancers.”

Community Fundraising Manager at Cancer Council Queensland, Natalie Wust, said the Broncos’ support had helped to boost cancer awareness among men.

“Sporting heroes such as the Broncos are role models for men of all ages.

“By adding their voice to our campaign, Queensland men will get the message that many cancers can be prevented.

“Our hope is that the Broncos will cut through the stigma that often stops men from taking better care of their health.” ☺

Get involved in Call To Arms and help tackle men’s cancers, just go to www.calltoarms.com.au.

Do you know the symptoms of prostate cancer?

September is Prostate Cancer Awareness Month and is a timely reminder for men aged 40 and over to be aware of the symptoms of prostate cancer.

General Manager of Community Services for Cancer Council Queensland, Juliana Buys, says prostate cancer accounts for 27 per cent of all cancers diagnosed in Queensland men, and symptoms shouldn't be ignored.

"It is important for men to be aware of these symptoms and to discuss them with their doctor, to ensure early detection."

In 2006, 3,266 Queensland men were diagnosed with prostate cancer.

"Over 500 men die from prostate cancer each year in Queensland, and men with a family history of prostate cancer may have increased risk.

"Men with a family history should see their doctor on a yearly basis beginning at 40 years of age."

Queenslanders with questions about prostate cancer or seeking support can call the **Cancer Council Helpline on 13 11 20, between 8am and 8pm Monday to Friday.**

Symptoms include:

Difficulty in passing urine or weak flow.

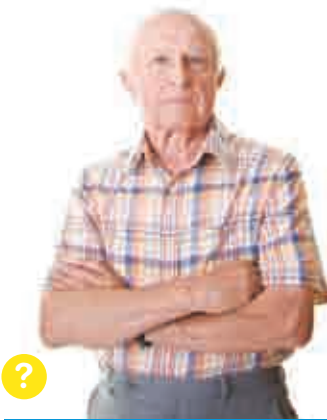
Passing urine more frequently than usual, especially at night.

Difficulty in starting the flow of urine.

Blood in urine.

Pain when passing urine.

Any of the above symptoms combined with pain in the lower back, upper thighs or pelvic area.



CANCER FACT:

Did you know that prostate cancer alone made up 13 per cent of all male cancer deaths in Queensland?

One in five Australian men is likely to develop prostate cancer by the age of 85.

Staff profile: Deb Gillespie



Community Education Strategies Manager, Deb Gillespie.

Background:

I have a background in supportive care, working in the not-for-profit sector for over 15 years. Much of this time was spent in the United Kingdom working in areas such as diabetes, multiple sclerosis, haemophilia and hepatitis. More recently I returned to university to study public health and have a special interest in Indigenous and international health, particularly third world countries.

Prevention and early detection:

The prevention and early detection team focuses on lifestyle and behavioural factors that impact on cancer risk. We aim to reduce the incidence and prevalence, morbidity and mortality of cancer by promoting knowledge, skills and behaviours for the prevention and early detection of cancer. Our team focuses on population health – we look to deliver interventions to the broader community to promote health and wellbeing. This can be achieved by advocating for

change in legislation and policy, providing education and information or delivering specific programs to reach target audiences, such as young people.

Our activity:

A current advocacy initiative is the 'Get Behind Bowel Cancer Screening' campaign www.getbehindbowelscreening.com.au. We are encouraging the Australian Government to commit to the full implementation of the National Bowel Cancer Screening Program. You can find out more about the campaign on page four.

We continue to lobby for change in legislation in tobacco control and develop initiatives to promote sun safety for all Queenslanders.

We also provide a Community Education Program, offering 30 minute presentations, free displays, and resources to provide up to date information on how to cut your cancer risk. ☺

ShamBurger shames junk food advertising to children



Cancer Council Queensland, as part of the Coalition on Food Advertising to Children (CFAC), recently launched the BurgerCorp campaign, urging a ban on unhealthy food advertisements during children's viewing hours.

The online campaign featured a 35 second video clip drawing comparisons between junk food commercials and a door-to-door salesman seeking a kid's business, and enabled viewers to email the Federal Minister for Health to express their concern.

The campaign featured ShamBurger, the BurgerCorp mascot, to represent all food companies that market unhealthy food to children. In the video clip, ShamBurger infiltrates homes unannounced and unwelcome, and preys on children. He might look friendly and give away free toys, but there is a hidden agenda behind his smile – promoting unhealthy food to children.

Health Promotion Project Officer at Cancer Council Queensland, Rachael Bagnall, says restricting unhealthy

food marketing to children is an important step towards preventing obesity.

“Australian children are force fed about 2,200 junk food advertisements on television per year, and one in five Australian children between two and 17 years of age is overweight or obese.

“Current government regulations do little to protect children from unhealthy food marketing.

“This campaign gave Australians a voice to ban junk food advertising targeting children.”

Almost 3,500 Australians visited the BurgerCorp website to pledge their support for banning unhealthy food marketing to children.

The CFAC includes 15 prominent Australian public health groups including the Cancer Council, Choice, Parents Jury, Public Health Advocacy Institute of WA, and Obesity Policy Coalition. ☺

You can still view the video online at www.burgercorp.com.au.

Cancer Council Queensland launches Australian-first meditation trial



Cancer Council Queensland and beyondblue: the national depression initiative have started an Australian-first trial for men with advanced prostate cancer.

The program is the first of its kind in Australia and aims to support men with prostate cancer in dealing with distress and comfort.

Project Manager for Cancer Council Queensland, Samantha Clutton, says that men with advanced prostate cancer have particular concerns and needs that are often unmet by existing services.

“This program combines modern cognitive therapy techniques with ancient

meditation practices and aims to give men the skills to learn to live more fully in the present and to develop new ways of dealing with the challenges of prostate cancer and treatment.

“Research has shown that this new approach is effective in helping people who experience a range of chronic health problems.”

The trial started in early August, with an eight week group training course that allows participants to apply their learnings in daily life. ☺



WATCH THIS SPACE

Cancer Council Queensland will unveil a new website later this month. The site will provide information about cancer, access to support services, and opportunities for supporters to get involved in our work.

Make sure you visit www.cancerqld.org.au to check out our new look!

New centres to support cancer patients in Queensland



The Central Queensland Cancer Support Centre in Rockhampton.



The Palliative Cancer Centre in Townsville.

Construction of Cancer Council Queensland's major projects in Townsville and Rockhampton are on track, and will be opened to patients later this year.

The official launch of the new \$8 million state-of-the-art Cancer Council Queensland Palliative Care Centre will be held in Townsville on Friday October 9.

Capital Appeals Manager for the Cancer Council, Christine O'Flynn, says the launch will be followed by a community open day, to celebrate the generous support of North Queenslanders, who raised \$6.9 million towards the total cost of construction.

"The centre will provide 20 new palliative care beds for the North Queensland community and is the largest building project ever undertaken by Cancer Council Queensland.

"The centre will be operated and maintained by Queensland Health and is connected by a walkway to the Townsville Hospital.

"Features of the two-storey centre include a spiritual garden, lecture auditorium, collaborative research office, and viewing pavilion."

Over 150 guests are expected to attend the official launch, including local and State Government dignitaries and community leaders. The community open day will be held on Saturday October 10.

In Rockhampton, the Central Queensland Cancer Support Centre is also nearing completion, with finishing touches to the painting, interior finishes, and landscaping.

The official opening is planned for September.

Watch out for more information on the openings of the Cancer Council Queensland Palliative Care Centre in Townsville and the Central Queensland Cancer Support Centre in the next edition. ☉

Make a Breakthrough for cancer

Do you want to make a difference in the fight against cancer?

Every month, over 1,500 Queenslanders are diagnosed with cancer. By joining our Breakthrough program you can make a monthly pledge that will help us to prevent, detect, and treat cancer better.

Earlier this year, Cancer Council Queensland volunteer, Joan Hunt, joined our program in memory of her brother and sister, who both lost their lives to cancer, and in memory of her grandson, Edward, who lost his battle with neuroblastoma in 2002, at just five years of age.

"I have a reason to fight, for all of my family members who have lost their cancer journey and whose lives were cut short," Ms Hunt says.

"I'm the one who can stand up and do something about it."

Like Joan, many of our Breakthrough supporters honour family members, relatives or close friends who are, or have been, affected by cancer.

Breakthrough is one of Cancer Council Queensland's most important supporter programs, providing a long-term source of fundraising that can be used for research and support services.

As a Breakthrough supporter, you'll know you are creating hope for a cancer free future. ☉

Please, become a Breakthrough supporter today by calling our Donor Hotline on 1300 663 936.

Present this coupon to

Receive **10% OFF** your next purchase at the

SUNSMART SHOP

553 Gregory Terrace, Fortitude Valley
To redeem this coupon online, visit www.sunsmartsshop.com.au and enter code GP10 at checkout

Creating hope for a cancer free future



www.cancerqld.org.au

I am pleased to send my gift to help cancer patients and their families

My gift enclosed for: \$25 \$50 \$100 Other \$ _____

Please make cheques payable to Cancer Council Queensland.

or charge my Mastercard Visa Card Diners Card Amex

Card number

Expiry date / Signature _____

Mr / Mrs / Miss / Ms Full Name _____

Address _____

Postcode

Phone _____ Mobile _____

Send me information on

- Leaving a bequest or using our Free Will Service **and/or**
- Making monthly donations

Don't forget to include your name, address and phone number.

Post this form to

Cancer Council Queensland,
PO Box 201, Spring Hill Qld 4004



Donations over \$2 are tax deductible.

Cancer Council Queensland depends on supporters like you for its life-saving work and we thank you for your generosity. We do not sell, rent or otherwise make available any information about our supporters. However, if you wish to receive less information about the work of Cancer Council Queensland please tick and return to us. Alternatively, please telephone the Donor Hotline on 1300 663 936.