

Practical Support and Accommodation

Having cancer can have an impact on all aspects of a person's life and result in a range of practical problems that can become overwhelming. Many Queenslanders will need to deal with finding somewhere to stay while receiving treatment away from home. In addition, many people struggle to manage the extra financial costs cancer can cause. Cancer Council Queensland has a range of practical support programs and accommodation services to help people cope during this difficult time.

To find out more about Cancer Council Queensland practical support and accommodation services call the Cancer Council Helpline on 13 11 20 or visit www.cancerqld.org.au.

Brochures and booklets

Cancer Council Queensland provides a comprehensive range of booklets, leaflets and brochures that can support people affected by cancer.

To view, download and order Cancer Council Queensland resources online, go to www.cancerqld.org.au. Alternatively, you can call the Cancer Council Helpline to learn more about the available resources and place an order on 13 11 20.

How we can help you

Giving you someone to talk to

Sometimes having someone who you don't know, but understands what you are going through, can really help.

Gathering the right information for you

Let us give you the information you need about cancer. We can send you booklets about coping, treatment and services that may help.

Getting you practical support

Our practical support may help if you are travelling away from home.

How you can help us

- Volunteer your time
- Purchase our SunSmart products online at: www.sunsmartshop.com.au
- Give us feedback about our services
- Donate today or give regularly
- Join a community fundraising event

Contact us today on 1300 663 936 or via www.cancerqld.org.au.



Supporting people affected by cancer

by reducing the burden of cancer for those who experience it.



FOR A CANCER FREE FUTURE

1961 - 2011

Celebrating 50 years of patient support



Cancer Council Helpline

Cancer support and information services are offered to support individuals who experience cancer, their friends and families.

The Cancer Council Helpline is a telephone support and information service, staffed by nurses and other health professionals who have knowledge about cancer and cancer care. The service responds to approximately 100 calls each day and provides callers with information about any cancer related topic and emotional support. Callers can receive professional support, enhanced knowledge about cancer, booklets and brochures or a referral to the Cancer Council Queensland support and information services listed in this brochure.



Cancer Counselling Service

For many people, cancer may cause a level of distress that significantly impacts upon their ability to cope with the cancer. This can apply to either a person with cancer or a family member or friend. Cancer Council Queensland offers a specialist Cancer Counselling Service for those individuals who require specialist support and is delivered through time-limited therapy with a trained psychologist.

To find out more about the Cancer Counselling Service call the Cancer Council Helpline on 13 11 20.

I didn't think I needed the counselling, but now am so thankful I did. Thank you for being there and helping me on this journey.”

Peer Support Programs

Peer support programs provide people affected by cancer with support from another person who has experienced similar circumstances. We know that a cancer experience is difficult to understand and appreciate the importance of helping put people in touch with someone who understands how they are feeling. Putting people in touch through peer support programs offers a different kind of support to that offered by professionals and is often described as more real and relevant by those who access this kind of service.

To find out more about a Cancer Council Queensland peer support program call the Cancer Council Helpline on 13 11 20.

Being able to talk to someone who knew what I was talking about really made a difference.”