



“Have you had cancer or had involvement with a family member / partner with a cancer diagnosis?”

“Have you given yourself time to recover emotionally and physically from your cancer experience?”

“Are you mature, sensitive, warm and flexible?”

“Are you motivated by your own experience to help others?”

If you answered YES to the above questions and would like to become a Cancer Connect Volunteer with Cancer Council Queensland, please call 13 11 20 for more information — we would love to hear from you!

CSS02096 03/11

Cancer Connect

Talk to someone who's been there

“It was reassuring to talk to someone who had cancer. They gave me hope and encouragement.”

The logo for the Cancer Council Helpline, featuring a stylized yellow flower icon to the left of the text "Cancer Council Helpline".

**Cancer Council
Helpline**

13 11 20

**For information and support call
Monday to Friday, 8am – 6pm**

“Cancer Connect is a free and confidential service that puts you in touch with trained volunteers* who have had a similar cancer experience.”

This can be especially helpful for people who feel isolated by their cancer experience, whether they live in cities or in rural or remote communities.

The service also provides volunteers who have cared for a person with cancer.

This support is available at any stage of your cancer experience - at diagnosis, during and after treatment.

*Cancer Connect Volunteers do not provide medical advice.

Follow these easy steps to be connected with a volunteer who's been there ...

1 Talk to our staff

- ▶ Call 13 11 20 to speak to a Helpline staff member.
- ▶ Share with staff your feelings, needs and circumstances and they can provide you with further information about the service.

2 Connect with someone like you

- ▶ The Cancer Connect Co-ordinator will match you with a trained volunteer.
- ▶ Where possible, the volunteer will be someone who has had the same cancer and treatment, be of a similar age and circumstances (e.g. living with children or single).
- ▶ We have volunteers who live in rural and remote areas and we are part of an Australia wide network.

3 Our volunteer will call you

- ▶ A volunteer will call you at a time that's convenient to you to provide support and understanding.
- ▶ Volunteers will listen to you and share experiences with you.
- ▶ Volunteers do not provide medical advice or professional counselling.

“If you need more support, please contact the Helpline on 13 11 20.”